Written by Joyce Gedeon Thursday, 10 July 2008 20:18 -

There Is No Tomorrow

Today is here now Yesterday doesn't exist

Tomorrow hasn't happened

Why worry about what isn't

All that exists is the moment

The mind creates the illusion of time

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Yesterday

Today

Tomorrow

Give the mind the gift of

NOW

There Is No Tomorrow

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Gentle

Compassionate

Loving

Understanding

NOW